



## PORTION FOR GRADE KG - 1 (SPROUTLINGS)

SESSION 2025 – 2026

<b>COMMUNICATION &amp; LANGUAGE</b>	<b>NUMERACY</b>	<b>PERSONAL, SOCIAL &amp; EMOTIONAL DEVELOPMENT</b>	<b>PERSONAL, SOCIAL &amp; EMOTIONAL DEVELOPMENT</b>	<b>GENERAL AWARENESS</b>	<b>GENERAL AWARENESS</b>
<p><b>TERM 1:</b></p> <ul style="list-style-type: none"> <li>➤ Uppercase letters A – Z.</li> <li>➤ Match the pictures with their initial letters.</li> </ul> <p><b>TERM 2:</b></p> <ul style="list-style-type: none"> <li>➤ Lowercase letters a – m.</li> <li>➤ Combo letters: A a – M m.</li> </ul> <p><b>TERM 3:</b></p> <ul style="list-style-type: none"> <li>➤ Lowercase letters n – z.</li> <li>➤ Combo letters N n – Z z.</li> <li>➤ Vowels.</li> <li>➤ Consonants.</li> </ul>	<p><b>TERM 1:</b></p> <ul style="list-style-type: none"> <li>➤ Numerals 0 – 20.</li> <li>➤ Backward counting: 10 – 0.</li> <li>➤ What comes after (0 -20).</li> <li>➤ Number names: (One - Five).</li> </ul> <p><b>TERM 2:</b></p> <ul style="list-style-type: none"> <li>➤ Numerals 20 – 35.</li> <li>➤ Backward counting: 20 – 10.</li> <li>➤ What comes before: (0- 35).</li> <li>➤ Number names: (Six - Ten).</li> </ul> <p><b>TERM 3:</b></p> <ul style="list-style-type: none"> <li>➤ Numerals 35 – 50.</li> <li>➤ What comes in - between (0- 50).</li> <li>➤ Number names (Eleven - Fifteen).</li> <li>➤ Use the symbols &gt; , &lt; or =.</li> </ul>	<p><b>TERM 1:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Emotion Faces:</b> Children will express happy, sad and surprised faces.</li> <li>➤ <b>Sharing Game:</b> Children will practice sharing toys and materials.</li> <li>➤ <b>Self – Care Routine Practice:</b> Children will learn about self-hygiene.</li> <li>➤ <b>Turn – Taking Games:</b> Here children will learn about patience and waiting.</li> </ul> <p><b>TERM 2:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Role Play – Helping Hands:</b> Children will act as doctors, teachers or community helpers.</li> <li>➤ <b>Friendship Collage:</b> Children will draw pictures of friends and talk about their kindness.</li> </ul>	<ul style="list-style-type: none"> <li>➤ <b>Compliment Circle:</b> Children will give compliments to each other.</li> <li>➤ <b>Problem Solving in Groups:</b> Simple team activities or puzzles.</li> </ul> <p><b>TERM 3:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Calm Corner/Breathing Time:</b> Children will do short mindfulness exercises to relax mind.</li> <li>➤ <b>Kindness Tree:</b> Children will add leaves with kind acts they did for others.</li> <li>➤ <b>Emotion Charades:</b> Children will act out different emotions and friends will guess them.</li> <li>➤ <b>My Special Talent:</b> Children will showcase something they are good at.</li> </ul>	<p><b>TERM 1:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Q1: Which is our National Bird?</b> Ans: Peacock.</li> <li>➤ <b>Q2: Who is the Prime Minister of our Country?</b> Ans: Narendra Modi.</li> <li>➤ <b>Q3: Which is the National Flag of India?</b> Ans: Tiranga (Tricolour).</li> <li>➤ <b>Q4: Who is the President of India?</b> Ans: Droupati Murmu.</li> <li>➤ <b>Q5: What is the name of our Country?</b> Ans: India.</li> </ul> <p><b>TERM 2:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Q1: Which is our National Animal?</b> Ans: Tiger.</li> <li>➤ <b>Q2: Which is our National Flower?</b> Ans: Lotus.</li> <li>➤ <b>Q3: Which is our National Fruit?</b> Ans: Mango.</li> </ul>	<ul style="list-style-type: none"> <li>➤ <b>Q4: Which is our National Game?</b> Ans: Hockey.</li> <li>➤ <b>Q5: What is our National Anthem?</b> Ans: Jana Gana Mana.</li> </ul> <p><b>TERM 3:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Q1: Which is our National Song?</b> Ans: Vande Mataram.</li> <li>➤ <b>Q2: Which is the capital of India?</b> Ans: New Delhi.</li> <li>➤ <b>Q3: Which is the tallest animal?</b> Ans: Giraffe.</li> <li>➤ <b>Q4: Which animal gives us milk?</b> Ans: Cow.</li> <li>➤ <b>Q5: What animal has a trunk?</b> Ans: Elephant.</li> </ul>



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CREATIVE EXPRESSION	CREATIVE EXPRESSION	CREATIVE EXPRESSION	CONVERSATION	CONVERSATION	URDU
<p><b>TERM 1:</b></p> <p>➤ <b>Instrumental Play:</b> <b>Tambourines:</b> Children play simple instruments to explore rhythm and sound.</p> <p>➤ <b>Free Dance/Movement with Music:</b> Learners move freely to music, expressing emotions and energy through body movements.</p> <p>➤ <b>Nature Collage:</b> Using leaves, petals and twigs to create creative artwork.</p> <p>➤ <b>Mirror Talk/Expression Faces:</b> Children look into a mirror and make different facial expressions to learn about emotions.</p> <p><b>TERM 2:</b></p> <p>➤ <b>Sound Exploration:</b> Identifying sounds around (bell, rain, animals, etc) and expressing what they hear.</p>	<p>➤ <b>Creative Drawing/Free Drawing:</b> Allowing children to draw whatever they imagine- helps develop confidence and originality.</p> <p>➤ <b>Action Songs:</b> Rhymes like If you're happy and you know it or Head, shoulders, knees and toes- combining singing and actions.</p> <p>➤ <b>Fingerprint Art:</b> Children will make ladybugs using red thumbprints and added black dots and legs.</p> <p><b>TERM 3:</b></p> <p>➤ <b>Paper Folding:</b> Children will make paper boat with A4 size craft paper.</p> <p>➤ <b>Cotton Pasting:</b> Children will paste cotton to make clouds and show the concept of raining.</p>	<p>➤ <b>Music and Movement – Wiggle, Bounce and Shake Dance:</b> Children will wiggle, bounce and shake their bodies with joy.</p> <p>➤ <b>Listening and Guessing Sounds:</b> This activity will enhance their listening skills and sound recognition.</p>	<p><b>TERM 1:</b></p> <p>➤ What is your name? ➤ How old are you? ➤ What is your father's name? ➤ What is your mother's name? ➤ How many siblings do you have? ➤ Which is your favourite colour?</p> <p><b>TERM 2:</b></p> <p>➤ In which school do you study? ➤ In which grade do you read? ➤ How many teachers are there in your class? Name them. ➤ What is the name of the Chairman of your school? ➤ What is the name of your Principal? ➤ What is the name of your Coordinator?</p>	<p><b>TERM 3:</b></p> <p>➤ Where is your school located? ➤ What is the contact number of your parents? ➤ How many family members do you have? ➤ Which is your favourite story character? ➤ Which is your favourite game? ➤ Which is your favourite fruit?</p>	<p><b>TERM 1:</b></p> <p>۱: حروف تہجی (اسے ق) تک کی لکھائی۔ ۲: قرأت: (اسے ق) تک۔ ۳: نظم: لال ٹمائٹر۔ ۴: کہانی: شیر اور خرگوش۔</p> <p><b>TERM 2:</b></p> <p>۱: حروف تہجی (ک سے) تک کی لکھائی۔ ۲: قرأت: (ک سے) تک۔ ۳: نظم: آکو کا چالو۔ ۴: کہانی: ایماندار لکڑہارا۔</p>



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URDU	ISLAMIC STUDIES	ISLAMIC STUDIES	ISLAMIC STUDIES	ISLAMIC STUDIES	
<p><b>TERM 3:</b></p> <p>۱: حروف تہجی (اسے) تک کی لکھائی۔</p> <p>۲: حروف پر ( )، ( )، ( ) کا استعمال۔</p> <p>۳: نقطے والے حروف پر دائرہ لگائیے۔</p> <p>۴: بغیر نقطے والے حروف پر دائرہ لگائیے۔</p>	<p><b>TERM 1:</b></p> <ul style="list-style-type: none"> <li>➤ Revision of 1<sup>st</sup> and 2<sup>nd</sup> Kalima.</li> <li>➤ Introduction of 3<sup>rd</sup> Kalima.</li> <li>➤ Pillars of Islam.</li> <li>➤ Name of five prayers.</li> </ul> <p><b>Question/Answers:</b></p> <ul style="list-style-type: none"> <li>➤ Q: Hum kis ki ummat hai?</li> </ul> <p>Ans: Hazrat Muhammad S.A.W.</p> <ul style="list-style-type: none"> <li>➤ Q: Hamara Mazhab kya hai?</li> </ul> <p>Ans: Islam.</p> <ul style="list-style-type: none"> <li>➤ Q: Islam humai kya sikhata hai?</li> </ul> <p>Ans: Achay kamu ki rehumayi aur buray kamu se rokta hai.</p> <ul style="list-style-type: none"> <li>➤ Five names of Allah. (Next)</li> </ul> <p><b>TERM 2:</b></p> <ul style="list-style-type: none"> <li>➤ Takhti No: 1 مفردات</li> <li>➤ Fard of Ablution.</li> <li>➤ Dua before entering and leaving washroom.</li> <li>➤ Dua after sneezing.</li> <li>➤ Five names of Allah. (Next)</li> </ul>	<p><b>Question/Answers:</b></p> <ul style="list-style-type: none"> <li>➤ Q: Humare Pyare Nabi S.A.W ke walid sahib ka kya naam hai?</li> </ul> <p>Ans: Hazrat Abdullah R.A.</p> <ul style="list-style-type: none"> <li>➤ Q: Humare Pyare Nabi S.A.W ki walidah ka kya naam hai?</li> </ul> <p>Ans: Hazrat Bibi Aamina R.A.</p> <ul style="list-style-type: none"> <li>➤ Q: Humare Pyare Nabi S.A.W ki kitni awlaad thi?</li> </ul> <p>➤ Ans: Saat (7): Betiya 4 aur Bete 3.</p> <p><b>TERM 3:</b></p> <ul style="list-style-type: none"> <li>➤ Introduction of 4<sup>th</sup> Kalima.</li> <li>➤ Hadith.</li> </ul> <p>۱: الحدیث: عَلَیْكَ بِكِبَارِ كُمْ۔</p> <p>ترجمہ: اپنے بڑوں کا ادب کرو۔</p>	<p>۲: الحدیث: الرَّفْقُ مِنَ الْإِيمَانِ۔</p> <p>ترجمہ: نرمی ایمان کی نشانی ہے۔</p> <p>۳: الحدیث: التَّبَسُّمُ صَدَقَةٌ۔</p> <p>ترجمہ: مسکراہٹ بھی ایک صدقہ ہے۔</p> <p>۴: الحدیث: اللَّهُ فِي عَوْنِ الْعَبْدِ۔</p> <p>ترجمہ: اللہ اُسکی مدد کرتا ہے جو دوسروں کی مدد کرتا ہے۔</p> <p>۵: الحدیث: أَقِمِ الصَّلَاةَ۔</p> <p>ترجمہ: نماز قائم کرو۔</p>	<p><b>Question/Answers:</b></p> <ul style="list-style-type: none"> <li>➤ Q: Humare Pyare Nabi S.A.W ke teen (3) betu ka kya naam hai?</li> </ul> <p>Ans: 1. Hazrat Abdullah R.A. 2. Hazrat Qasim R.A. 3. Hazrat Ibrahim R.A.</p> <ul style="list-style-type: none"> <li>➤ Q: Humare Pyare Nabi S.A.W ki chaar (4) betiyu ka kya naam hai?</li> </ul> <p>Ans: 1. Hazrat Zainab R.A. 2. Hazrat Umi Kulsum R.A. 3. Hazrat Fatima Tul Zehra R.A. 4. Hazrat Ruqaya R.A.</p> <ul style="list-style-type: none"> <li>➤ Q: Humare Pyare Nabi S.A.W ko nabuwat kis umer mai milli?</li> </ul> <p>Ans: 40 saal ki umer mai.</p>	